



March 27, 2020

CORONAVIRUS (COVID-19) ASSISTANCE AND MAINTENANCE UPDATE:

Charter Oak Communities continues to closely monitor the Coronavirus (COVID-19). Governor Lamont has issued a directive to “Stay Safe, Stay Home”. Although our offices remain closed to the public, our staff is committed to providing the same level of service you have come to expect, remotely. Our property management team is available by phone and email, and drop boxes or mail slots have been installed at all offices.

We understand that these are challenging times for our community and we will continue to provide updates and guidance as information becomes available. A list of local resources for help with finances, utilities, food, medicine, and education can be found attached and posted on our website at www.charteroakcommunities.org. You may also contact your RSC for assistance.

If you would like to sign up for The State of Connecticut Emergency Notification System, please visit www.ctalert.gov. This service will provide updates via text message, phone, and email.

Please note that our cleaning vendor continues to clean high-touch areas such as elevator buttons, door knobs, and handrails frequently.

Our maintenance staff will respond to all emergency calls; however please continue to call all maintenance requests, (203) 977-1494, as routine calls will be logged to be completed at a later date. We are asking for your help in minimizing plumbing emergencies by being mindful of items you pour into your sinks and flush in your toilet. Please do not pour any grease or cooking oil into your sinks. Please do not flush wipes or paper towels down your toilet. Only toilet paper should be flushed; all other items should be disposed of in the trash. We appreciate your cooperation and participation in keeping our residents and staff safe.

Please continue to follow Centers for Disease Control at www.cdc.gov for tips on home care and cleaning to protect yourself and your family from COVID-19 Coronavirus.

We appreciate your understanding.

Sincerely,
Charter Oak Communities



FOOD RESOURCES

Person to Person Mobile Pantry – call to make an appointment 203-655-0048

- Mondays: 11:00 am to 1:00 pm: Yerwood Center | 90 Fairfield Avenue
- Mondays: 2:00 pm to 4:00 pm: Stamford Manor | 26 Main Street
- Tuesdays: 11:00 am to 1:00 pm: Ferguson Library South | 34 Woodland Avenue
- Tuesdays: 2:00 pm to 4:00 pm: Shippan Place | 521 Shippan Avenue
- Wednesdays: 11:00 am to 3:00 pm: DOMUS | 83 Lockwood Avenue
- Thursdays: 3:00 pm to 7:00 pm: Building One Community | 75 Selleck Street

New Covenant House, 174 Richmond Hill Avenue, Stamford, CT. 203-964-8228

- Healthy lunches 12:30 to 1:30 p.m. daily and dinner Monday - Saturday 4:30 – 5:30 p.m. Prepared food available in containers for pick-up. Food Pantry open by appointment only Tuesdays & Thursdays 10:30 a.m. to 3:30 p.m., Fridays 10:00 a.m. to 2:30 p.m. and one Saturday a month 8 a.m. to noon (next one on 3/28/2020).

Jewish Family Services Food Pantry, 196 Greyrock Place, Stamford, CT 203-921-4161

- Grab and Go food available on Mondays, Tuesdays and Wednesdays from 10:30 – 12:30

FINANCIAL RESOURCES

- Person to Person, 1864 Post Road, Darien, CT. 203-655-0048
Emergency financial assistance available to eligible residents. Call for appointment.
- Family Centers, Call your Resident Coordinator for other financial resources:
 - East Side: Mirlande Pressat, 203-977-1400, x 3165
Ramon Lara, 203-883-8462
 - West Side: Nicole Beckham, 203-517-0132
 - Park 215: Natalie Queen, 203-405-5958
 - Clinton/Quintard: Farah Martin, 203-977-1400, x 3171
 - Post House: Jean Vaccaro, 203-977-1400, x 3412

Rippowam/Glenbrook Sam Ambroise, 203-977-1400, x 3166

Wormser; Alexa Griffin, 203-977-1400, x 3170

Stamford Manor: Joanne Ettore, 203-977-1400, x 3173

UTILITY RESOURCES

- **Community Action**, 34 Woodland Avenue, **Stamford, CT, 06902** Phones: (203) 602-8833

Energy Assistance available for eligible residents. Call for information.

RENT REBATE

The Connecticut Rent Rebate Program runs from April 1-October 1. The Connecticut Rent Rebate Program is for renters aged 65 + by 12/31/2019 who are single or married. Disabled individuals are also eligible. Applicants must have proof of their income for 2019 and proof of all rental expenses (rent, gas, electric, sewer bills) for 2019. Toni Khan (203)-977-4747 handles the rent rebate program. At this time due to the Covid-19 virus epidemic no in person or mail in applications are being taken. Contact your Resident Coordinator (see contact information under Family Centers Financial Resources.)

HEALTH RESOURCES/ COVID -19 TESTING

1. Contact your Primary Care Provider (PCP) by telephone to obtain evaluation and prescription, if warranted, for test.
2. If you don't have a PCP, but do have health insurance, contact your health insurance provider to obtain a name or names of approved PCP(s) to contact.
3. If you don't have either a PCP or health insurance, you may contact one of the following organizations:
 - a. [Optimus Health Care](#) at 203-327-5111.
 - b. [Community Health Center \(CHC\) of Stamford at Fifth Street](#) at 203-323-8160.
 - c. [Americares](#) at 203-658-9500. Americares is providing patient care via telephone to current patients only (no new patients).
 - d. [Family Centers Health](#) Care at 203-717-1760 to establish care. Their physical location is in Greenwich. They aren't currently accepting walk ins.

Call [Stamford Health's COVID-19 Hotline](#) 203-276-4111 prior to going to Stamford Hospital. You may also check the Connecticut Covid-19 website - ct.gov/coronavirus.

BOARD OF EDUCATION RESOURCES

See the link below for important information for parents:

<https://www.stamfordpublicschools.org/district/public-affairs/pages/resources-during-closure>

MEALS - Stamford Public Schools is also providing free Grab-and-Go meals from 10:00 a.m. to 12:00 p.m., at the following school and community sites beginning. Anyone age 18 or under can obtain meals at any of the following locations:

School Meals Elementary Schools – grab and go

- Davenport Ridge, 1300 Newfield Ave.
- Hart Magnet, 61 Adams Ave.
- Julia A. Stark, 398 Glenbrook Rd.
- K.T. Murphy, 19 Horton St.
- Newfield, 345 Pepper Ridge Rd
- Northeast, 82 Scofieldtown Rd.
- Rogers International School, 202 Blachley Rd.
- Roxbury, 751 West Hill Rd.
- Springdale, 1127 Hope St.
- Stillmeadow, 800 Stillwater Rd.
- Strawberry Hill, an extension of Rogers International School, 200 Strawberry Hill Ave.
- Westover Magnet @ 1 Elmcroft Road

School Meals Middle Schools – grab and go

- Cloonan, 11 West North St.(after March 27, this location will no longer be serving meals, Hart Elementary is nearest alternate location)
- Dolan, 51 Toms Rd.
- Rippowam, 381High Ridge Rd.

School Meals High Schools – grab and go

- Stamford, 55 Strawberry Hill Ave (after March 27, this location will no longer be serving meals, Strawberry Hill is nearest alternate location)

School Meals -Community-Based Organizations and Programs – grab and go

- Anchor at Harbor Landing @ 68 Southfield Avenue
- Yerwood Center, 90 Fairfield Ave.
- Chester Addison Center, 245 Selleck St.
- Trailblazer (Domus), 83 Lockwood Ave.
- Faith Tabernacle Church, 29 Grove St.

Important Upcoming Changes

Starting Monday, March 30, SPS will transition to a 3-days a week (Monday, Wednesday, Friday) schedule, distributing multiple meals each day:

- Monday (two breakfast and two lunch meals per student)
- Wednesday (two breakfast and two lunch meals per student)
- Friday (three breakfast and three lunch meals per student)

As of March 30, Stamford High School and Cloonan Middle School locations will no longer be serving meals

INFORMATION LINE

2-1-1 and 211ct.org are available 24 hours a day, with multilingual assistance and TDD/TTY access for those with a hearing impairment is also available.

SENIOR CENTER RESOURCES

The Stamford Senior Center has created a Facebook group called, "**Supporting Stamford's Seniors**" This group is open to any older adult in Stamford, or advocates who want to support our older adults. Join the group and stay connected. Daily posts will be added. Please check in and add your post. You can share a good book or movie you recommend, a funny joke, a photo, or tips on being home all day, etc.

The Senior Center will also be launching weekly zoom virtual meetings and classes. An email invite will be sent each week and all you have to do is click on the link to join. You can also hold your own zoom meetings with your friends by creating a free zoom account at **www.zoom.com** There is no fee and all you need is a smart phone, tablet or computer.

The Senior Center is taping fitness classes with Lili, our Zumba Gold and Chair Zumba. They will be posted on the Senior Center you tube channel so you can go on anytime and watch the video and join the class from your own home. We hope to be able to do some of our fitness classes utilizing zoom too. Stay tuned! If you have any other ideas send them to us. We'd love to hear from you! Any question? Email: **stamfordseniorcenter@stamfordct.gov** 203-977-5151

PRESCRIPTIONS/MEDICATIONS

Most drug stores including Slavins, CVS and Walgreens are offering free delivery.

GROCERY SHOPPING

Shoprite senior hours for ages 65+: 6am – 7am

Stop and Shop senior hours for ages 60+ : 6am – 7:30am

March 18, 2020

IMPORTANT CORONAVIRUS UPDATE AND OPERATIONAL CHANGES

Dear COC Residents,

As we continue to monitor the ongoing Coronavirus (COVID-19) pandemic, Charter Oak Communities (COC) is frequently evaluating our operations and how they impact the safety and well-being of our residents and employees.

In our efforts to keep you safe and stop the spread of COVID-19, the following safety measures have been implemented effective immediately:

- COC staff will only respond to emergency maintenance calls. All routine work order calls will continue to be logged through our call center and will be addressed at a date to be determined. Please do not place multiple calls for the same repair issue.
- The maintenance call center staff will ask questions pertaining to the health and travel history of household members.
- If you do have an emergency, maintenance staff will enter your apartment to make repairs wearing protective equipment. Please do not be alarmed; this equipment serves to protect residents and staff alike.
- If maintenance staff is working in your apartment, you will be required to maintain a distance of 6 feet. This distance is referred to “Social Distancing” which is highly recommended by the Centers for Disease Controls and Prevention (CDC) to control the spread of the virus.
- All community rooms and playgrounds will be closed until further notice.
- Limit visitors to urgent and emergency matters only.

As a reminder, our offices remain closed; however employees will continue to provide services and are available by telephone and email. Please also note that a drop box or mail slot has been installed at properties. Please place all documents you need to submit to your property manager in the drop box. Be sure to mark all documents clearly with your name and address. Note that payments **should not** be placed in the drop box.

Please do not hesitate to contact the Property Management Office or your Resident Service Coordinator with any questions or concerns.

We appreciate your cooperation as we take these important and proactive steps to keep our communities safe.

Please continue to visit our website at www.charteroakcommunities.org for updates.

Sincerely,

Charter Oak Communities